

Welcome to a health plan that puts you at the center

CCPOA Medical Plan Medicare (PPO)

CCPOA Medical Plan Medicare (PPO) offers comprehensive medical and prescription drug coverage with the flexibility to access care from providers nationwide.



Plan highlights

- Access care from in-network and out-of-network Medicare participating providers nationwide.
- Low copayments and no deductible for most covered services.
- Self-referral to specialists – no need to see your physician of choice first.
- Mental health benefits for help with depression, mental illness, and alcohol or substance use disorder. Some services are also available virtually.
- Worldwide coverage for emergency services and urgent care.
- Basic gym access at fitness locations nationwide through SilverSneakers® fitness, to help you stay healthy.



Learn more online

To explore this plan in more detail and search for doctors and other providers in this plan's network, visit **E-Z Summary** (ccpoabtf.org) or scan the QR code.



Get more with this plan



Access care away from home

- **Nationwide coverage**
from both in-and out-of-network providers.



Get care at home

- **NurseHelp 24/7SM**
Our registered nurses are available 24/7 to answer and address your concerns.
- **Teladoc Health**
Access to Telehealth services including physicians at \$0 copay.
- **LifeReferrals 24/7SM**
Round-the-clock support from experts for personal, family, and work issues.



Put your well-being first

- **Preventive care/annual physical exams**
Annual exams, screenings, and immunizations at no additional cost.
- **SilverSneakers fitness**
Nationwide access to fitness locations through SilverSneakers.



Manage your conditions

- **Hearing aids**
You will be reimbursed up to \$500 per 12 months for two hearing aids and two hearing aid fitting and evaluations. (applies to both ears combined). See the plan *Evidence of Coverage (EOC)* for more details.
- **Acupuncture and chiropractic**
Plan offers routine chiropractic and acupuncture services, typically not covered by Medicare.*

* \$15 copay up to 20 visits combined routine acupuncture and chiropractic visits per year.



We're here to help. If you have any questions, please call us at **(800) 776-4466 (TTY: 711)**, 8 a.m. to 8 p.m., seven days a week.

Out-of-network/non-contracted providers are under no obligation to treat Plan members, except in emergency situations. Please call our Customer Service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

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