



Save the Date.
Reserve Your Spot.
Gain **Perspective**.

Join us for a day of training, education and insight.
Stress Kills. Don't be the next victim.

Sponsored by the CCPOA Benefit Trust Fund





CCPOA Benefit Trust Fund
2515 Venture Oaks Way, Suite 200
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www.ccpoabtf.org



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A special one-day FREE event is coming to your area. Please join us!

We urge all C/Os and their Significant Others to attend. No one under 18 admitted.

RESERVE YOUR SPACE TODAY.

Registration/Details: ccpoabtf.org/MentalWellness

Where:

Crescent City - Tuesday, July 18
CHP Building

Sacramento - Tuesday, August 15
Residence Inn Sacramento/Natomas

Manteca - Wednesday, August 16
Hampton Inn and Suites

Free Coffee. Free Swag. Free Lunch.
MENTAL HEALTH AWARENESS FOR C/Os.

SCHEDULE:

8:00–8:30 – Check-In
8:30–12:30 – The Resiliency Project
12:30–1:30 – Lunch
1:30–2:30 – Ferrone Law Group
2:30–2:45 – Benefit Trust Fund



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Scan to Register
Questions?
Call the Trust
(916) 779-6300